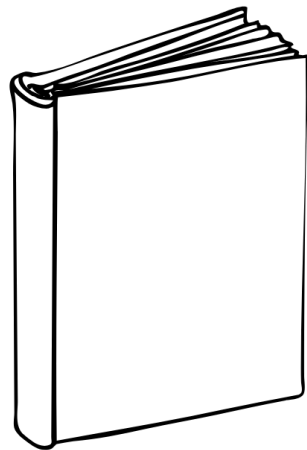




## Book Titles Exercise (page 137)

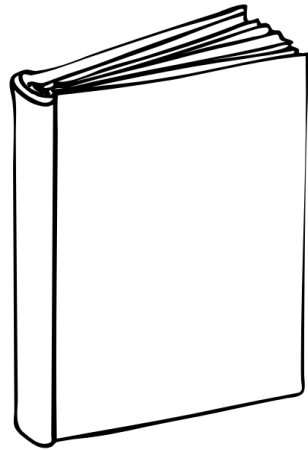
Now it's your turn. Grab a pen and paper or use the template below (or, if you're a book purist, get yourself the most gorgeous hardcover journal and the prettiest pen you can find and dedicate it to the wonderful woman you are) and ask yourself:

What is my book title now?





What do I want it to be in a year's time?



Now set a reminder on your phone, jot it down in the back of your diary or stick a note on your calendar or your fridge to reassess where you are a year from now.